



Table 2

3.2. Course description

Basic description		
Course coordinator	Prof. dr. sc. Alessandra Pokrajac-Bulian	
Course title	Selected Topics in Psychology	
Study programme	Clinical nutrition graduated study	
Course status	mandatory	
Year	I.	
ECTS credits and teaching	ECTS student 's workload coefficient	4,5
	Number of hours (L+E+S)	15 + 15 + 15

1. COURSE DESCRIPTION		
1.1. Course objectives		
Introduction to theories of learning, developmental characteristics and individual differences in learning processes, motivation, memory and forgetting, intelligence, personality, self-esteem and self-efficacy and emotional characteristics of the individual in the learning process.		
1.2. Course enrolment requirements:		
I		
1.3. Expected course learning outcomes		
Students after completion of the course will be able to: - describe and explain the possible application of learning theory (behavioral and cognitive) and intelligence in teaching, - distinguish models of memory, illustrate them, identify and explain the causes of forgetting, - explain the relationship between memory and context (affect, personality traits), - describe and explain the role of self-efficacy and self-regulation as well as ways of encouraging them, - explain the meaning of self-concept and self-esteem in teaching and learning, - explain the concept of motivation and describe and classify its various facets, - connect cognitive (memory, forgetting) with affective (mood, emotions) and conative (motivation and personality) aspects of the functioning of an individual.		
1.4. Course content		
Research methods in psychology. Personal, social and moral development - self-esteem. Theories of learning: behavioral learning theory - classical and instrumental conditioning and applications in an educational context. Theories of social learning. Cognitive theories of learning - self-efficacy and self-regulated learning. Remembering and forgetting. Memory and context (emotions and memory). Individual differences: intelligence. Motivation - behavioral and humanistic approach to understanding motivation. Emotions: expression and control, and different approaches to the understanding of emotions.		
1.5. Teaching methods	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> long distance education	<input checked="" type="checkbox"/> individual assignment <input type="checkbox"/> multimedia and network <input type="checkbox"/> laboratories <input checked="" type="checkbox"/> mentorship



		<input type="checkbox"/> fieldwork		<input type="checkbox"/> other			
1.6. Comments							
1.7. Student's obligations							
Students are required to attend classes. The obligation of students is preparing and presenting a seminar paper.							
1.8. Evaluation of student's work							
Course attendance	0,5	Activity/Participation	1,5	Seminar paper	1,5	Experimental work	
Written exam	1	Oral exam		Essay		Research	
Project		Sustained knowledge check		Report		Practice	
Portfolio							
1.9. Assessment and evaluation of students' work during the semester and the final exam							
Student assessment is carried out according to the legislation of the Studies of the University of Rijeka (approved by the Senate), and the Regulations on assessing students at the Medical Faculty in Rijeka (adopted by the Faculty Council, the Faculty of Medicine in Rijeka).							
Work on the student is evaluated and assessed during the semester and the final exam. The total success rate of students during class makes up 70% of the grade, and the final exam 30% marks. During the course, it will be evaluated: a) class participation, b) independent work, c) attendance.							
1.10. Optional / additional reading (at the time of proposing study programme)							
1. Ratus, S. (2000). Temelji psihologije. Jastrebarsko: Naklada Slap.							
2. Smith et al. (2007). Atkinson/Hilgard – Uvod u psihologiju. Jastrebarsko: Naklada Slap.							
3. Zarevski, P. (2007). Psihologija pamćenja i učenja. Jastrebarsko: Naklada Slap.							
1.11. Number of assigned reading copies with regard to the number of students currently attending the course							
Title		Number of copies		Number of students			
1.12. Quality monitoring methods which ensure acquirement of output knowledge, skills and competences							
1) Student surveys and data evaluation: at the end of the course the Committee for the administration and quality improvement, conduct student's evaluation on the quality of the teaching process and teachers who participated in the teaching of this subject more than 30%.							
2) Analysis of the results achieved in tests.							