



Table 2

3.2. Course description

Basic description		
Course coordinator	Prof. dr. sc. Alessandra Pokrajac-Bulian	
Course title	Eating disorders	
Study programme	Nursing graduated study	
Course status	mandatory	
Year	II.	
ECTS credits and teaching	ECTS student 's workload coefficient	3
	Number of hours (L+E+S)	25 + 10 + 0

1. COURSE DESCRIPTION		
1.1. <i>Course objectives</i>		
Introduction to various forms of eating disorders (anorexia nervosa, bulimia nervosa, binge eating disorder, atypical eating disorders), to their causes and maintenance factors. Through this course, students will understand the physical and psychological consequences of eating disorders, and the most effective ways of their treatment and prevention.		
1.2. <i>Course enrolment requirements:</i>		
/		
1.3. <i>Expected course learning outcomes</i>		
After completion of the course, students will be able to: - describe and explain the basic concepts associated with body image; - explain the similarities and the differences between types of diets and pros and cons of dieting; - identify and distinguish the symptoms of specific eating disorders; - describe the basic models of the development and maintenance of eating disorders; - describe and compare the different treatments of eating disorders; - describe and explain the fundamental results of modern research that is presented in the course.		
1.4. <i>Course content</i>		
The history of eating disorders. Classification and basic characteristics of eating disorders: anorexia nervosa, bulimia nervosa, binge eating disorder and atypical eating disorders. Biological and genetic factors in the development of eating disorders. Physical consequences of eating disorders. Psychological risk factors (low self-esteem, negative body image, perfectionism) and psychiatric comorbidity (anxiety disorders, mood disorders, personality disorders). Family and socio-cultural influences in the development of eating disorders. Peer influence and teasing. Prevention and treatment of eating disorders.		
1.5. <i>Teaching methods</i>	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> long distance education <input type="checkbox"/> fieldwork	<input checked="" type="checkbox"/> individual assignment <input type="checkbox"/> multimedia and network <input type="checkbox"/> laboratories <input checked="" type="checkbox"/> mentorship <input type="checkbox"/> other
1.6. <i>Comments</i>		



1.7. Student's obligations

Students are required to attend classes. The obligation of students is preparing and presenting a seminar paper.

1.8. Evaluation of student's work

Course attendance	0,5	Activity/Participation	0,5	Seminar paper	1	Experimental work	
Written exam	1	Oral exam		Essay		Research	
Project		Sustained knowledge check		Report		Practice	
Portfolio							

1.9. Assessment and evaluation of students' work during the semester and the final exam

Student assessment is carried out according to the legislation of the Studies of the University of Rijeka (approved by the Senate), and the Regulations on assessing students at the Medical Faculty in Rijeka (adopted by the Faculty Council, the Faculty of Medicine in Rijeka).

Work on the student is evaluated and assessed during the semester and the final exam. The total success rate of students during class makes up 70% of the grade, and the final exam 30% marks. During the course, it will be evaluated: a) class participation, b) independent work, c) attendance.

1.10. Optional / additional reading (at the time of proposing study programme)

1. Ambrosi-Randić, N. (2004.). *Razvoj poremećaja hranjenja*. Jastrebarsko: Naklada Slap.
2. Brownell, K.D. i Fairburn, C.G. (2002.). *Eating disorders and obesity: A comprehensive handbook*. New York: Guilford Press. (selected chapters)

1.11. Number of assigned reading copies with regard to the number of students currently attending the course

Title	Number of copies	Number of students

1.12. Quality monitoring methods which ensure acquirement of output knowledge, skills and competences

- 1) Student surveys and data evaluation: at the end of the course the Committee for the administration and quality improvement, conduct student's evaluation on the quality of the teaching process and teachers who participated in the teaching of this subject more than 30%.
- 2) Analysis of the results achieved in tests.