



Table 2

3.2. Course description

Basic description		
Course coordinator	Tanja Frančišković, associate prof., MD PhD	
Course title	Group psychotherapy basics	
Study programme	Nursing – Mental health	
Course status	compulsory	
Year	2	
ECTS credits and teaching	ECTS student 's workload coefficient	2
	Number of hours (L+E+S)	25(20 L+5 S)

1. COURSE DESCRIPTION		
1.1. Course objectives		
<ul style="list-style-type: none"> -Introduction in basic knowledge and principles of psychodynamic and group analytic theory -Understanding of characteristics of group analytic work -Recognising the possibilities of and use of group work with clients as a treatment tool 		
1.2. Course enrolment requirements		
- None		
1.3. Expected course learning outcomes		
Understanding the basic principles of psychodynamic theory as well as group analytic theory. Understanding of way group analytic work and its use in therapy		
1.4. Course content		
Within the course the students will learn : <ul style="list-style-type: none"> -historical perspectives of group psychotherapy and group analysis as treatment techniques, -basics of psychodynamic theory which are needed to understand the individual and group processes and their interaction i.e. psychic structure, defense mechanisms, phases of psychosexual development etc. - some of the core group phenomena such as mirroring, matrix, resonance, condensation, phenomenon of here and now ect. -the significance of the group frame as well as group resistances, basic assumptions and phases of group development. -the selection of clients, indication of use group analysis as a treatment tool and organisation of treatment setting, the role of group leader and group interventions. -the role of dreams within the group setting, the work with „difficult“ clients and work with acting out during the group work.. -the use of medium and large group, modification of group analytic technique and use of group analytic understanding of group phenomena within the team work and working groups. 		
1.5. Teaching methods	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input type="checkbox"/> exercises <input type="checkbox"/> long distance education	<input type="checkbox"/> individual assignment <input type="checkbox"/> multimedia and network <input type="checkbox"/> laboratories <input type="checkbox"/> mentorship



		<input type="checkbox"/> fieldwork	<input type="checkbox"/> other				
1.6. Comments							
1.7. Student's obligations							
Regular attendance to lectures, seminars and exercises and the continuous preparation for the seminars							
1.8. Evaluation of student's work							
Course attendance	10%	Activity/Participation	30%	Seminar paper		Experimental work	
Written exam	15%	Oral exam	15%	Essay		Research	
Project		Sustained knowledge check	30%	Report		Practice	
Portfolio							
1.9. Assessment and evaluation of student's work during classes and on final exam							
Evaluation will be performed according to the Legal act of evaluation of University of Rijeka and of School of medicine Students' performance will be evaluated through entire duration of the course (70% of the evaluation) as well as on the final exam (30% of the evaluation).							
1.10. Assigned reading (at the time of the submission of study programme proposal)							
E.Klain i sur.Grupna psihoterapija za medicinske sestre, Medicinska naklada, Zagreb, 2007							
1.11. Optional / additional reading (at the time of proposing study programme)							
E.Klain i sur.Grupna analiza, Medicinska naklada, Zagreb, 2008.							
1.12. Number of assigned reading copies with regard to the number of students currently attending the course							
Title		Number of copies		Number of students			
1.13. Quality monitoring methods which ensure acquirement of output knowledge, skills and competences							
Anonymous evaluation questionnaire is given to the students at the end of the course. The rate of the course completion and grading is evaluated.							

Colaborator:

Mirjana Pernar, prof. psihologije