



7+12+6)

Table 2

3.2. Course description

Basic description		
Course coordinator	Ines Diminić Lisica, assist. prof., MD PhD	
Course title		
Study programme	Nursing – Mental health	
Course status	compulsory	
Year	2	
ECTS credits and teaching	ECTS student 's workload coefficient	1,5
	Number of hours (L+E+S)	25(7+12+6)

1. COURSE DESCRIPTION		
1.1. Course objectives		
Adopt and understand the concept of mental health as a basic element of health, to understand mental disorders as public health problems and the importance of developing preventive strategies in family and community understand the importance of early recognition of symptoms of mental illness and psychiatric disorders, and timely treatment and prevention of relapse and the importance of rehabilitation in Community		
1.2. Course enrolment requirements		
- None		
1.3. Expected course learning outcomes		
- Acquisition of knowledge about the importance of preventive measures for the preservation and improvement of mental health as one of the fundamental conditions for the overall health		
1.4. Course content		
<p>The definition of mental health, the prevalence of common mental disorders, the impact of mental disorders in the general disability and quality of life and economic importance for the community.</p> <p>Healthy Families as a condition of mental health. Early recognition and treatment of mental disorders in family members (parents) as a measure to prevent the development of mental disorders in children.</p> <p>Importance of schizophrenia as a chronic mental disorder. Importance of prodromal signs in detection of mental disorder. Genetic counseling as part of prevention in mental health. Development of a strategy of recognition, detection and treatment of mental disorders in primary care.</p> <p>Prevention of relapse of mental illness.</p> <p>Quality of life as an indicator of mental health.</p>		
1.5. Teaching methods	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input type="checkbox"/> exercises <input type="checkbox"/> long distance education <input type="checkbox"/> fieldwork	<input type="checkbox"/> individual assignment <input type="checkbox"/> multimedia and network <input type="checkbox"/> laboratories <input type="checkbox"/> mentorship <input type="checkbox"/> other
1.6. Comments		
1.7. Student's obligations		
Regular attendance to lectures, seminars and exercises and the continuous preparation for the seminars		



**1.8. Evaluation of student's work**

Course attendance	10%	Activity/Participation	30%	Seminar paper	15%	Experimental work	
Written exam	15%	Oral exam		Essay		Research	
Project		Sustained knowledge check	40%	Report		Practice	
Portfolio							

**1.9. Assessment and evaluation of student's work during classes and on final exam**

Evaluation will be performed according to the Legal act of evaluation of University of Rijeka and of School of medicine

Students' performance will be evaluated thorough entire duration of the course ( 70% of the evaluation) as well as on the final exam ( 30% of the evaluation).

**1.10. Assigned reading (at the time of the submission of study programme proposal)**

1. Klain E i sur: Psihološka medicina
2. Nikolić S. Zaštita mentalnog zdravlja madih. Medicinska naklada Zagreb, 1993
3. Bašić, J.): Teorije prevencije: Prevencija poremećaja u ponašanju i rizičnih ponašanja djece i mladih. Zagreb, 2008, Školska knjiga.  
- podpoglavlje: Koncept promocije mentalnog zdravlja
4. Okvir za javno zdravstvenu akciju na području mentalnog zdravlja. HZZJZ, Zagreb 2004.

**1.11. Optional / additional reading (at the time of proposing study programme)**

**1.12. Number of assigned reading copies with regard to the number of students currently attending the course**

Title	Number of copies	Number of students

**1.13. Quality monitoring methods which ensure acquirement of output knowledge, skills and competences**

Anonymous evaluation questionnaire is given to the students at the end of the course. The rate of the course completion and grading is evaluated.