



Table 2

3.2. Course description

Basic description		
Course coordinator	Prof. dr. sc. Đulijano Ljubičić	
Course title	What is depression?	
Study programme	Master of mental health	
Course status	elective	
Year	II.	
ECTS credits and teaching	ECTS student 's workload coefficient	1,50
	Number of hours (L+E+S)	25 (10+0+15)

1. COURSE DESCRIPTION

1.1. Course objectives

Depression is the illness of our time, and it constitutes a great challenge, for each psychiatrist and doctor. The high rate of morbidity and a high rate of disability characterise the depressive disorder. The aim and goal of this course is to teach the student how to recognize, pursue a rational diagnostical assessment and successfully heal a depressive disorder. Depression is very often non recognized, or underrated, therefore non treated, or non adequately treated especially when surveyed without its spiritual dimension.

1.2. Course enrolment requirements

Past exams in psychological medicine, pharmacology and psychiatry.

1.3. Expected course learning outcomes

The student will master a necessary knowledge in recognizing, treatment and prevention of depression; it is to be noted that the early recognizing of the depression is a prevention of the suicidal behaviour. Depression is a comorbidity in every illness.

1.4. Course content

Depression means a deep suffering and is a painful experience for the patient and its family. It is a risk factor for a number of psychosomatic diseases, influencing the outcome of treatment of somatic patients. Depressive disorders are manifested by the depressive episodes, characterised by a combination of a different number of symptoms: 1. depressive mood, 2. lost of interest and anhedonia, 3. loss of energy and reinforced tiredness, 4. loss of selfconfidence, 5. inappropriate selfaccusing or sense of guilt, 6. recurring thoughts of death or suicide, 7. slow thinking and difficulty in concentration, 8. agitation or retardation, 9. disturbance of sleeping, 10. the disorder of appetite and change in weight.

1.5. Teaching methods

- | | |
|--------------------------------------------------|-------------------------------------------------|
| + lectures | <input type="checkbox"/> individual assignment |
| + seminars and workshops | <input type="checkbox"/> multimedia and network |
| <input type="checkbox"/> exercises | <input type="checkbox"/> laboratories |
| <input type="checkbox"/> long distance education | <input type="checkbox"/> mentorship |
| <input type="checkbox"/> fieldwork | <input type="checkbox"/> other |

1.6. Comments

Giving importance to the humanistic concepts related to the attitude towards the sense of life in modern society.

1.7. Student's obligations

Regular attending and active participation in classes, active participation in exercise, workshops and making a own seminar paper.



1.8. Evaluation of student's work

Course attendance	10%	Activity/Participation	25 %	Seminar paper		Experimental work	
Written exam	15%	Oral exam	15 %	Essay		Research	
Project		Sustained knowledge check	35 %	Report		Practice	
Portfolio							

1.9. Assessment and evaluation of student's work during classes and on final exam

The evaluation of students will be done according to The Ordinance of studies of University in Rijeka which encompasses The ordinance of studies and Regulations of evaluation of students on the Faculty of Medicine in Rijeka, accepted by the Board of Faculty of Medicine,

The work of the student is evaluated during the classes and at the final exam. The total percentage of the assesment of the student during the classes constitutes up to 70% of the grade, and the final exam 30% of the grade. During the classes one can evaluate: a) the knowledge, b) activity during the class, c) individual work, d) attendance to classes.

1.10. Assigned reading (at the time of the submission of study programme proposal)

Harold I. Kaplan, Benjamin J. Sadock. Priručnik kliničke psihijatrije. Jastrebarsko: Naklada Slap, 1998.
Harold I. Kaplan, Benjamin J. Sadock. Priručnik za uporabu lijekova u psihijatriji. Jastrebarsko. Naklada Slap, 1998.
Vasko Muačević i sur. Psihijatrija. Zagreb: Medicinska naklada, 1985.

1.11. Optional / additional reading (at the time of proposing study programme)

Miro Jakovljević. Depresivni poremećaji (od ranog prepoznavanja do uspješnog liječenja). Zagreb: Pro Mente d.o.o., 2004.
Hautzinger M. Depresija: modeli, dijagnosticiranje, psihoterpije, liječenje. Jastrebarsko. Naklada Slap, 2002.

1.12. Number of assigned reading copies with regard to the number of students currently attending the course

Title	Number of copies	Number of students

1.13. Quality monitoring methods which ensure acquirement of output knowledge, skills and competences

- 1.Administration of student questionnaires, and evaluation of the data: AT the end of the course the Board for conduction and improvement of the quality administrates a student enquiry regarding the quality of the teaching process and the teacher involved in the course more than 30 %.
- 2.The analysis of the exam results. The written exam is done by a «multiple choice» test, after which an analysis of the quality of the entire test, or some questions is done.
- 3.The mentor system. Each group of students has its mentor which controls and supervises the work of individual students.

1.14. Collaborators on the course.

Ime i prezime Mr.sc. Anđela Jeličić
Email: jelicicangela@yahoo.co.uk
Ustanova: KBF Zagreb, Teologija u Rijeci - područni studij

Ime i prezime Doc.dr.sc. Nela Gašpar
Email: vgaspar@rijeka.kbf.hr
Ustanova: KBF Zagreb, Teologija u Rijeci – područni studij